

MATERNAL AND CHILD HEALTH

SLEEP AND SETTLING SESSIONS



October to December 2021

SESSION	DAY	TIME	VENUE
Baby	Thursday 30 September	9.30am – 11.30am	ONLINE via MS Teams
Newborn	Monday 4 October	9.30am – 11.30am	ONLINE via MS Teams
Baby	Monday 11 October	9.30am – 11.30am	ONLINE via MS Teams
Newborn	Thursday 14 October	1.30pm – 3.30pm	ONLINE via MS Teams
Toddler	Saturday 16 October	9.30am – 11.30am	ONLINE via MS Teams
Baby	Thursday 21 October	1.30pm – 3.30pm	ONLINE via MS Teams
Newborn	Monday 25 October	9.30am – 11.30am	ONLINE via MS Teams
Baby	Friday 5 November	9.30am – 11.30am	ONLINE via MS Teams
Newborn	Friday 5 November	1.30pm – 3.30pm	ONLINE via MS Teams
Baby	Monday 8 November	1.30pm – 3.30pm	ONLINE via MS Teams
Toddler	Saturday 13 November	9.30am – 11.30am	ONLINE via MS Teams
Newborn	Thursday 18 November	1.30pm – 3.30pm	ONLINE via MS Teams
Baby	Monday 22 November	9.30am – 11.30am	ONLINE via MS Teams
Newborn	Thursday 25 November	9.30am – 11.30am	ONLINE via MS Teams
Baby	Thursday 2 December	9.30am – 11.30am	ONLINE via MS Teams
Toddler	Saturday 4 December	9.30am – 11.30am	ONLINE via MS Teams
Newborn	Monday 6 December	1.30pm – 3.30pm	ONLINE via MS Teams
Newborn	Friday 10 December	9.30am – 11.30am	ONLINE via MS Teams
Baby	Friday 10 December	1.30pm – 3.30pm	ONLINE via MS Teams
Baby	Monday 13 December	9.30am – 11.30am	ONLINE via MS Teams
Newborn	Thursday 16 December	1.30pm – 3.30pm	ONLINE via MS Teams
Baby	Monday 20 December	9.30am – 11.30am	ONLINE via MS Teams