



## CANCER

A select list of websites and suggested reading relating to cancer.

### General books on the treatment of cancer

Can I still kiss you? : answering your children's questions about cancer by Neil Russell

**616.994 RUS**



Cancer : the evolutionary legacy by Mel Greaves

**616.994071 GRE**

Cancer at your fingertips : the comprehensive and medically accurate manual which tells you all about your cancer and how to manage it! By Maxine Rosenfield and Val Speechley

**616.994 ROS**

A cancer battle plan sourcebook : a step-by-step health program to give your body a fighting chance by David Frahm

**616.99 FRA**

Cancer fitness : exercise programs for cancer patients and survivors by Anna L. Schwartz

**616.994062 SCH**

The cancer pain sourcebook edited by Roger S. Cicala

**616.99 CIC**

Cancer prevention : reducing the risk by Susan Woodland

**616.994 WOO**

The coming cancer breakthroughs : what you need to know about the latest cancer treatment options by Joseph F. Dooley and Marian Betancourt

**616.99406 DOO**

Coping with radiation therapy by Daniel Cukier and Virginia E. McCullough

**616.99 CUK**

Face to face with cancer : comfort and practical advice for sufferers and carers by Marion Stroud

**616.994 STR**

Facing cancer : a complete guide for people with cancer, their families, and caregivers edited by Theodore A. Stern and Mikkael A. Sekeres

**362.196994FAC**

Facing cancer : searching for solutions by Liz Byrski

**616.99406 BYR**

The Gale encyclopedia of cancer : a guide to cancer and its treatments edited by Ellen Thackery

**REF 616.994003 GAL**

I beat my cancer let me show you how by Colin Ryder Richardson

**616.994 RIC**

The journey through cancer : an oncologist's seven-level program for healing and transforming the whole person by Jeremy R.Geffen

**616.99406 GEF**

Living with cancer : a survivor's guide by Paul Kraus

**362.196994 KRA**

Living with cancer : symptoms, diagnosis, treatment by Jeffrey Tobias and Kay Eaton

**616.994 TOB**

Magic cancer bullet: how a tiny orange pill is rewriting medical history by Daniel Vasella

**616.99 VAS**

One renegade cell: the quest for the origins of cancer by Robert Weinberg

**616.994071 WEI**

Stopping cancer before it starts: the American Institute for Cancer Research's program for cancer prevention

**616.99 FRA**

When a parent has cancer : a guide to caring for your children by Wendy Schlessel Harpham

**362.196994 HAR**

Surviving survival: life after cancer by Miles Little

**616.994 LIT**

### **Books on nutritional aspects**

Cancer : food, facts & recipes Clare Shaw ; recipes by Sara Lewis

**616.994065 SHA**

Cancer : a nutritional / biochemical approach by Henry Osiecki

**616.99405 OSI**

Cancer prevention cooking : over 50 healthy and revitalizing recipes to reduce the risk of cancer consulting edited by Beatrice Heywood Taylor

**641.563 CAN**

The Gawler Foundation cookbook : a recipe for life by Dorothy Edgelow

**641.563 EDG**

Nature's cancer-fighting foods : prevent and reverse the most common forms of cancer using the proven power of great food and easy recipes by Verne Varona

**616.99 VAR**

### **Books on alternative treatments**

Cancer : fight it with the blood type diet by Peter J. D'Adamo, with Catherine Whitney

**616.994065 DAD**

The cancer prevention book : the holistic plan to reduce your risk of cancer and revolutionise your life by Rosy Daniel with Rachel Ellis

**616.994052 DAN**

The Gerson therapy : the amazing nutritional program for cancer and other illnesses by Charlotte Gerson and Morton Walker

**613.2 GER**

The home health guide to a cancer-free family by Gabriel Kune

**616.994052 KUN**

Inspiring people : stories of remarkable recovery and hope from the Gawler Foundation edited by Ian Gawler

**362.196994 INS**

The journey through cancer : a unique seven-step programme for healing mind and body by Jeremy Geffen

**616.994 GEF**

Shattering the cancer myth : a unique positive guide to cancer treatment using traditional and natural therapies by Katrina Ellis.

**616.99406 ELL**

You can conquer cancer by Ian Gawler

**616.99406 GAW**

## **Books on psychological aspects**

Cancer positive : the role of the mind in tackling cancers by James Colthurst with Patrick Scrivenor

**616.994065 COL**

Cancer schmancer by Fran Drescher

**927.927028 DRE**

Surviving cancer emotionally: learning how to heal by Roger Granet

**362.1 GRA**

## **Videos and DVDs:**

The war on cancer [dvd] : cornering a killer

**DVD 616.994 WAR**

Living with breast cancer [videorecording]

**VID 616.99449 LIV**

Living with prostate cancer [videorecording]

**VID 616.65 LIV**

## **Websites:**

### **The American Cancer Society**

[www.cancer.org](http://www.cancer.org)

With an obvious American slant, this site nevertheless has a great deal of general information for sufferers, carers and family members and is worth a look.

### **Better Health Channel**

<http://www.betterhealth.vic.gov.au/>

An introduction to quality-assured, regularly reviewed, health and wellbeing information and services, sponsored by the State Government of Victoria.

### **The Cancer Council of Australia**

[www.cancer.org.au](http://www.cancer.org.au)

The Cancer Council is the national non-governmental central organization with affiliated state member organizations dedicated to the fight against cancer. It aims to advise government bodies on policies for the prevention, treatment and

detection of cancer and acts as an advocate on behalf of patients. It also raises funds to assist with cancer research and supporting sufferers of cancer.

### **The Cancer Council of Victoria**

[www.cancervic.org.au](http://www.cancervic.org.au)

Presents vital information and statistics on various aspects of cancer, specifically about the types of cancer and the prognosis for sufferers.

### **Cure Cancer Australia Foundation**

[www.curecancer.org.au](http://www.curecancer.org.au)

Cure Cancer Australia started out as a family trust dedicated to fighting leukemia, but over time has matured and broadened its aim to fund research into all cancers and support treatment programs. It styles itself as the leading independent foundation for cancer research in Australia.

### **The Gawler Foundation**

[www.gawler.org](http://www.gawler.org)

The Gawler Foundation is an organization that offers an alternative to simply relying solely on conventional treatments for cancer. There is an emphasis on working in an integrated way with the mind, body and spirit to promote the health and well being of cancer patients while recognizing the need to work alongside conventional medicine.

### **The Ludwig Institute for Cancer Research**

[www.licr.org](http://www.licr.org) & [www.ludwig.edu.au](http://www.ludwig.edu.au)

A non-profit organization with 10 centers in 7 countries, which is dedicated to cancer research with Victorian branches at the Austin Hospital, The Royal Melbourne and Melbourne University. It is a good site for learning about recent research developments.

### **National Breast Council Centre**

[www.nbcc.org.au](http://www.nbcc.org.au)

The National Breast Council Centre was established in 1995 by the federal government to work towards reducing the mortality associated with breast and ovarian cancer and improve the well being of women diagnosed with these types of cancer.

## The Peter MacCallum Cancer Centre

[www.petermac.org](http://www.petermac.org)

Another useful site, which sets out to offer information, support and treatment options for cancer patients. It also offers a useful links sections not always found in other sites.

## Prostate Cancer Foundation of Australia

[www.prostate.org.au](http://www.prostate.org.au)

The Prostate Cancer Foundation of Australia is the peak body for prostate cancer in Australia. Their aim is to reduce the impact of this type of cancer, and help men deal with the diagnosis and treatment. It also seeks to raise funding for research and awareness in the community of prostate cancer.

### Online Databases:

#### Health & Wellness Resource Center

Moreland City Libraries provides access for its members to ***The Health & Wellness Resource Center*** via its subscription to the online Gulliver consortium.

Including the respected Gale Encyclopedia of Medicine, *Health & Wellness Resource Center* delivers up-to-date reference material as well as full-text magazines, journals, and pamphlets from a wide variety of authoritative medical sources. Additionally, consumers, students, and professionals are provided with descriptions of and links to several pertinent websites, selected for their usefulness and appropriateness.

Access via the library website at [www.moreland.vic.gov.au/libraries.htm](http://www.moreland.vic.gov.au/libraries.htm) and click on "Free Access to Online Resources". Click on *Health & Wellness @ Home* link, and at the prompt, enter the entire barcode as shown on your library membership card.

Language	Link		
中文	9280 1910	<b>Hrvatski</b>	9280 1917
Italiano	9280 1911	<b>Polski</b>	9280 1918
Ελληνικά	9280 1912	<b>All other languages</b>	
العربية	9280 1913	including	فارسی, 廣東話,
Türkçe	9280 1914	فارسی, Kurdi, Malti,	
Việt Ngữ	9280 1915	Македонски, Српски,	
Español	9280 1916	Somali, Tetum	9280 1919